



# ECO GAMES

## LIVING WITH WILDLIFE

### Activity 9

#### ESTIMATED TIME



20+ minutes

#### LOCATION



Outside or  
Inside

#### SUGGESTED GROUPING



Individual or  
Group

#### ACTIVITY TYPE



Logic

**MATERIALS:** Paper (optional), Colored Pencils/Markers/Crayons (optional)

### INTRODUCTION

Some of the games and activities we do outside can hurt the environment around us. While we might be having fun running around, digging holes, and picking flowers, we could be crushing and disturbing an animal's home. Even in our own backyards, many animals have made their home in the grass, in bushes, under rocks, and in the ground.

In this activity, we are going to try and reduce our impacting by designing a new game or changing a game we already know to reduce its impact on the environment.

### HOW-TO

#### 1. Make a list (5 minutes)

Using paper or in your head, make a list of things you like to do outside. Next to each activity, write the impact it might have on the environment.

#### 2. Create your game (10+ minutes)

Create or change one of the games you came up with so that it has the smallest impact possible on the environment. You can write your game down or just remember it in your head.

#### 3. Play your game (10 minutes)

Did you create a one-player game? Then start playing!

Did you create a two-player game? Then go find some friends, describe the game, and start playing!

#### 4. Wrap-up (2 minutes)

Share your new game with someone and try it out. Why did you pick the different steps? Could a big group of people play the game?

#### 5. [Optional] More fun (20 minutes)

Go to a local park or recreation spot. See what evidence there is of activities impacting the environment and find some new ways to play in the space.

### LEARN MORE

- How To Implement Low Impact Recreation Skills – The Mountaineers:  
<https://www.youtube.com/watch?v=cbeVLzIboH8>

### CITATIONS

This activity is altered from Project Wild: Playing Lightly on the Earth