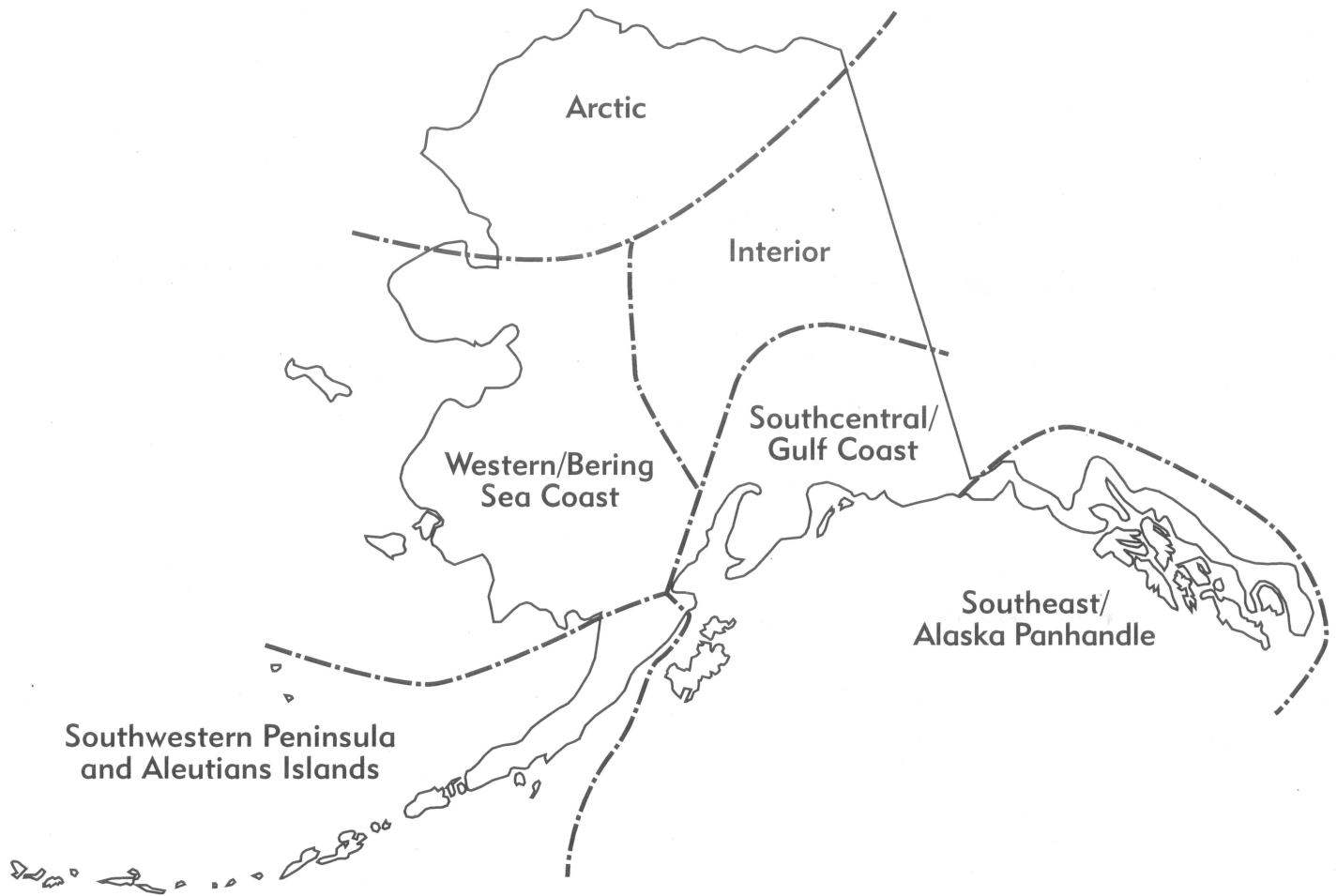


# ALASKA



# ATHABASKAN UTILIZATION OF THE WHITE SPRUCE

## Bark

### Outer

Shelter  
Roofing and flooring  
Fish-cutting table  
Dye

### Inner

Bandages: sores, cuts, burns  
Medicinal tea: heart problems, kidney trouble, ulcers, stomach sicknesses, weak blood, colds, sore throat, tuberculosis

## Boughs

Insulation  
Shelter  
Fish hooks

## Sap

Spring tonic  
Medicinal uses: burns, tuberculosis

## Needles

Medicinal tea: cough medicine, cathartic

## Dead Wood

Tanning smoke  
Smudge fire  
Firewood  
Dye for moosehide

## Top of Spruce

Used by Shaman to get rid of bad spirits  
Medicinal tea: bone aches, colds, tuberculosis

## Juice

Sore eyes

## Cone dust

Dry up runny ears

## Trunk

Firewood  
Logs and planks  
Poles  
Canoes  
Rafts  
Fishwheels  
Beluga hunting stand  
Tent frames  
Drying racks  
Beaver snare toggles

## Carving

Utensils  
Tools  
Toys  
Weapons  
Fish traps

## Pitch

Adhesive  
Antiseptic  
Waterproofing  
Religious ritual  
Hair dressing  
Chewing gum  
Medicine: heart trouble, tuberculosis, stop bleeding, remove cataracts

## Roots

Lashing: baskets, fish traps, snares, fishnets  
Juice: eye medicine  
Tea

Eliza Jones and Dena'ina K'et'una: Tanaina Plantlore, compiled by Priscilla Kari, 1977.

Anchorage: Adult Literacy Laboratory, University of Alaska.

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